

Recovery Iowa News

July 2008

Recovery Month in Iowa September 2008

Plans are underway for the Recovery Month observance in Iowa. Family Day at the Zoo, and the 1st Annual Recovery Run event details are below. Don't forget to send your event information to info@RecoveryIowa.org to post on the Recovery Iowa Blog.

Personal recovery stories are powerful, educational, and inspirational for those in recovery, those unfamiliar with the power of recovery, and for those not yet in recovery. Help raise awareness about the value of recovery by telling your story. Send your recovery story to info@RecoveryIowa.org or add your story as a blog (<http://blog.recoveryiowa.org>) comment.

Plan a Recovery Walk in your community with tips from the Faces and Voices of Recovery Website. (http://www.facesandvoicesofrecovery.org/resources/recovery_walks.php)

Visit the National Recovery Month Website, <http://www.recoverymonth.gov/2008/default.aspx>, to download a copy of the Recovery Month Kit to assist your event planning.

Print a copy of the Iowa Recovery Month Proclamation (<http://www.recoveryiowa.org/PDFs/proclamation4.pdf>) for use in your local community.

Iowans Join the Voices of Recovery: Real People, Real Recovery

Description	Iowa is hosting a Celebration of Recovery on September 14, 2008 at Blank Park Zoo in Des Moines, Iowa. The Zoo will be open to the public FREE of charge from 10am – 5pm. There will be a short program at 1:00 p.m. Please mark your calendars! Come to the zoo and celebrate recovery.
Date	9/14/2008 10:00 AM to 9/14/2008 5:00 PM
Type of Event	Family Day at the Zoo
Location	Blank Park Zoo, Des Moines
Program Agenda	10:00 a.m. Zoo opens 1:00 p.m. Short program 5:00 p.m. Zoo closes
For more information contact	Gena Hodges Iowa Department of Public Health, 321 East 12th Street, 4th floor Des Moines, IA 50319 515-281-8465 ghodges@idph.state.ia.us

1st Annual Recovery Run

Description	Starting and ending at Manning Regional Hospital, Hwy 141 and Main St., Manning, Iowa. \$5.00 entry fee includes meal and entered into drawing to win one of 3 cash prizes with 100% pay back. Meal following ride.
Date	9/7/2008 12:00 PM to 9/7/2008 5:00 PM
Type of Event	Alcohol free motorcycle run
Location	Manning Hospital Parking lot. Hwy 141 and Main St. Manning, Iowa
Program Agenda	Registration begins at 11:00 am with ride beginning at noon. Will all leave together and end together. Will eat and have drawing when all are back.
For information contact	more Julie Petersen, Julie.Petersen@mrhcia.com , or Mike Powers, Mike.Powers@mrhcia.com