

Recovery is POSSIBLE, IMPORTANT, and a NEW BEGINNING



September is National Recovery Month. Plans are underway in Iowa to make this a great celebration for those in recovery and a reminder to the public that recovery is possible, cost effective and the right thing to do. Recovery Iowa News is delivered to your e-mail in plain text format. You may link to <http://www.recoveryiowa.org/RInews.html> for the formatted pdf version.

Recovery Month in Iowa

September 2007 is the 18th annual National Alcohol and Drug Addiction Recovery Month.

Your Stories. Once again, RecoveryIowa.org is featuring your recovery stories in celebration of Recovery Month to inspire others. Share the power of recovery. If you are in recovery, a family member, friend or ally of someone in recovery, we want to hear your recovery story! Please e-mail your story, photo or inquiries to info@recoveryiowa.org.

Events. Mail your event information to info@recoveryiowa.org to post on the Web site.

Rally and Walk for Recovery

September 16, 2007 1 – 4:30 pm

Invited Officials/Presenters: Dr. H. Westley Clark, M.D., J.D., M.P.H., SAMHSA/CSAT, Governor Chet Culver, Senator Tom Harkin, Senator Chuck Grassley, Tom Miller, Iowa Attorney General, and other area representatives.

The event will start with a rally at the State Capitol in Des Moines, followed by a walk and celebration.

Contact Shannon Wagner, swagner@meccaia.com, (319) 351-4357 or Arthur Schut, <mailto:aschut@meccaia.com>

Recovery Weekend

September 7 - 9, 2007

A weekend of prayer for all those struggling with, and in recovery from, addictive illnesses. Whatever day your house of worship has services - Friday, Saturday or Sunday, won't you ask them to join us in prayer on Recovery Weekend? (www.recoveryweekend.org)

Plan an event. Consider organizing an event in your community, and hosting it on September 15th, which has been identified as the National Rally for Recovery Day.

Attend the Rally in Des Moines. Load up the car with your friends and drive to Des Moines for a fun-filled and inspirational day.

Organize your own Recovery Walk. Can't get to Des Moines? Organize a walk in your hometown. For help with organization, go to the FAVOR Web site, http://www.facesandvoicesofrecovery.org/resources/recovery_walks.php

Watch the HBO series, "Addiction." Invite your friends and neighbors over to your place to watch the groundbreaking documentary series. Borrow the DVD from your local library, rent it from Netflix, http://www.netflix.com/Movie/Addiction/70061817?strkid=1159152919_1_0, or buy it from HBO, <http://store.hbo.com/product/index.jsp?productId=2605329>, or Amazon.com, <http://www.amazon.com/Addiction-4pc/dp/B000LC5BGK?ie=UTF8&s=dvd&qid=1173822982&sr=1-1>.