

## Recovery Iowa News

August 2008

### Recovery Month Events, September 2008

Recovery Month is nearly here, and many fun events are planned for Iowa this year. If you know of an event that's not listed here, email the information to us [ [info@recoveryiowa.org](mailto:info@recoveryiowa.org) ], and we'll list it on the Blog.

Your recovery story is powerful and may inspire another to enter or stay in recovery. We would like to feature your recovery stories for Recovery Month. Please consider emailing your story to us at [info@recoveryiowa.org](mailto:info@recoveryiowa.org). You will remain anonymous, unless you indicate otherwise.

#### 1st Annual Recovery Run

Starting and ending at Manning Regional Hospital, Hwy 141 and Main St., Manning, Iowa. \$5.00 entry fee includes meal and entry into drawing to win one of 3 cash prizes with 100% pay back. Meal following ride.

<b>Date</b>	<b>9/7/2008</b> 12:00 pm to 5:00 pm
<b>Type of Event</b>	Alcohol free motorcycle run
<b>Location</b>	Manning Hospital Parking lot. Hwy 141 and Main St. Manning, Iowa
<b>Program Agenda</b>	Registration begins at 11:00 am with ride beginning at noon. Will all leave together and end together. Will eat and have drawing when all are back.
<b>For information contact</b>	Julie Petersen, <a href="mailto:Julie.Petersen@mrhcia.com">Julie.Petersen@mrhcia.com</a> , or Mike Powers, <a href="mailto:Mike.Powers@mrhcia.com">Mike.Powers@mrhcia.com</a>

#### Iowans Join the Voices of Recovery: Real People, Real Recovery

Iowa is hosting a Celebration of Recovery on September 14, 2008 at Blank Park Zoo in Des Moines, Iowa. The Zoo will be open to the public FREE of charge from 10am – 5pm. There will be a short program at 1:00 p.m. Please mark your calendars! Come to the zoo and celebrate recovery.

<b>Date</b>	<b>9/14/2008</b> 10:00 am to 5:00 pm
<b>Location</b>	Blank Park Zoo, Des Moines
<b>Program Agenda</b>	10:00 a.m. Zoo opens 1:00p.m. Short program 5:00 p.m. Zoo closes
<b>For more information contact</b>	Gena Hodges, Iowa Department of Public Health 515-281-8465 <a href="mailto:ghodges@idph.state.ia.us">ghodges@idph.state.ia.us</a>

[Download Flyer](http://www.recoveryiowa.org/PDF/Recovery_Month_Flyer_2008.pdf) [[http://www.recoveryiowa.org/PDF/Recovery\\_Month\\_Flyer\\_2008.pdf](http://www.recoveryiowa.org/PDF/Recovery_Month_Flyer_2008.pdf)]

### **OWI Annual Pot Luck Picnic**

OWI clients (women & men), family members, graduates, aftercare, volunteers, mentors, sponsors and staff, come and celebrate recovery. Hot dogs, hamburgers, brats and condiments will be provided. Bring a sealed food item from the store. You may want to bring your own bug spray.

**Date** **Wednesday 9/17/2008**, 5:30 - 8:00 pm

**Location** Blank Park Shelter on SW 9th Street, Des Moines  
(please park at the north edge of the Zoo)

**Program Agenda** 5:30 pm to 8:00 pm (eating will start at 6:15 pm)  
There will be fun activities for children and door prizes for all ages. Come and enjoy a fun filled evening with family, friends and new faces.

[Download Flyer](http://www.recoveryiowa.org/PDF/owipicnic.pdf) [<http://www.recoveryiowa.org/PDF/owipicnic.pdf>]

### **Powell Alumni Reunion Picnic**

Family and friends are encouraged to attend to enjoy the fun. There is no fee to participate. Hot dogs, hamburgers, and table service provided. Please bring your own beverages and a dish to share.

**Date** Saturday, **9/20/2008**, starts at 11:00 am

**Type of Event** Picnic

**Location** Easter Lake Park, Shelter #4  
Des Moines, Iowa

**Program Agenda** Starts at 11 am  
Lunch at 1 pm

**Contact** Powell CDC office 515-263-2424

### **Jackson Recovery Center - Annual Friends of Recovery Banquet**

Jackson Recovery Centers will host its annual Friends of Recovery Banquet on Saturday September, 27th 2008, at the Sioux City Convention Center from 6:00 – 9:00 p.m. Over 300 Siouxlanders who are in recovery from addictions, whose careers involve working with addiction treatment and community members who support substance abuse services will gather to celebrate sobriety at the Friends of Recovery Banquet.

**Date** **9/27/2008**, 6:00 p.m. - 9:00 p.m.

**Type of Event** Dinner and awards ceremony

**Location** Sioux City Convention Center

**Program Agenda** The evening will include dinner, an awards presentation, and a speaker from Alcoholics Anonymous in Minneapolis, Minnesota. Awards will be given to recognize individual efforts in recovery advocacy.

**Contact** Jackson Recovery Centers at 234-2300 for tickets or information.